

MONIKA – Multicultural Women’s Association in Finland is an organization of women with different ethnic backgrounds.

Association established in 1998

- is an umbrella organization of multicultural women’s NGO’s;
- develops and offers services for immigrant women and children who are suffering from intimate relationship violence, honour related violence, forced marriages or are victims of human trafficking;
- offers education to recognize and prevents violence against immigrant women and children and to help victims;
- is a member of The Advisory Board for Ethnic Relations (ETNO), set by the Ministry of Interior ;
- develops and supports empowerment of multicultural organizations in Multicultural Women’s House.

In year 2008 immigration’s integration service of MONIKA was evaluated as one of the best integration services in Helsinki. Evaluation was implemented by INTI CITIES –report of European Union.

Services are offered in several languages:

Arabic, Dari, English, Estonian, Fars, French, German, Hindi, Italian, Kurd, Pasto, Persian, Portugal, Punjab, Romanian, Spanish, Swedish, Somali, Finnish, Tagalog, Thai, Turkish, Russian, Urdu, Vietnamese.

SUPPORT, ADVOCACY AND SERVICES

Multicultural Resource Center MONIKA

is a national resource center of professional know-how offering easy access services, support and peer group activities for immigrant women and children who have suffered violence. The Multicultural Resource Centres have been founded in Helsinki, Vantaa, Espoo, Kemi-Tornio, Turku and Kainuu area.

It is possible to call and come anonymously to the Center. Our services are free of charge for customers.

- help phone 24h
- professional supervising
- answers how to disengage from violence
- support for independent recovery
- peer support and one’s own support person
- possibility to use multiple professional network

The Refugee for Immigrant women – Mona Home

is for immigrant women and children who are in immediate danger of life due to violence. Our aim is to solve the crisis situation as a whole. The Refugee is open for immigrant women from all over the country.

Multicultural Women’s House is a low threshold diverse activity and support centre for immigrant women. Multicultural Women’s House acts as a multicultural meeting place and an open forum. Activities are funded by Integration Fund of European Union.

EDUCATION

We offer education and training in questions related to multiculturalism, ethnic equality and violence aimed at immigrant women. Our goal is to increase professionals’ informational and functional preparedness to recognize and to prevent violence and to help victims of violence. We also train volunteer support persons for client work.

- trainings for authorities
- support person trainings for volunteers
- tools to recognize violence against immigrant women and children and to help victims

Monika has produced a publication called *Immigrant Women and Violence. Handbook for victim help in social welfare and health care.* (The Ministry of Social Affairs and Health, 2005:15.) www.stm.fi/Julkaisut.

SUPPORT OUR ACTIVITIES

You can support MONIKA by addressing a donation to our bank account
Nordea 157230-34244.

TO GET OUR MEMBERSHIP!

Our member associations enhance equality and multiculturalism by their activities and offer services for people with foreign background in Finland. Our membership is available as well for individuals as communities. You can get the membership application from our office or by filling it on our website www.monikanaiset.fi.

Contact us!

**MONIKA – Multicultural Women’s Association
Office**

Open Monday – Friday 9–17

Kinaporinkatu 2 E 40–42

00500 Helsinki

Phone +358 9 7279 9999

Fax +358 9 7279 9997

www.monikanaiset.fi

info@monikanaiset.fi

National help phone 24 h

Phone +358 9 692 2304

Resource Center MONIKA, Helsinki

Open Monday - Friday 9–17

Phone +358 9 692 2304

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Resource Center MONIKA, Vantaa

Phone +358 9 839 35013

vantaa@monikanaiset.fi

Resource Center MONIKA, Espoo

Phone +358 9 692 2304

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Resource Center MONIKA, Kemi

Phone +358 45 114 7595

kemi@monikanaiset.fi

Skype: kemi.monika

Resource Center Kainuu

Phone +358 45 237 5010

kajaani@monikanaiset.fi

Skype: Kajaani_

Multicultural Women’s House

Open Monday – Friday 8 – 17

Phone +358 45 656 9952

Skype: MoniNaisten Talo

Refugee MONA Home

Phone +358 9 692 2304

YOU CAN SURVIVE FROM VIOLENCE

Violence is a crime.

Violence is against human rights.

You have a right to a life free from violence.

You can survive from violence.



MONIKA-

Multicultural Women’s Association in Finland



Kotouttamisrahasto
Integrationsfonden
Integration fund

Our main supporters are The Slot Machine Association, the city of Helsinki and European Union. We are also supported by different ministries and foundations.

For Multicultural and Safe Society

www.monikanaiset.fi